

Site:	Swimming pool facility (specify)	Assessment No.	Club/COVID
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Assessor	Angela Eguakhide	Description of Building or Area	Use of Abbs Cross, Becontree, Sapphire Ice & Leisure and Central Park Leisure Centre - Everyone Active (SLM)
Date of Assessment	31/03/2021		
Task/Activity/Process/Equipment	COVID 19 - Re-opening pools for club training (Generic)		
Technical Advisor (if applicable)			
Persons Name (If Applicable to vulnerable)		Equipment used (if applicable)	Pool deck, Lane ropes, changing cubicles.
When Identifying HAZARDS consider:			
a) The Task (Who, What, Where, When, How)			
b) The environment (temperature, noise, lighting, dust, fumes)			
c) Materials, Equipment, and Substances (machinery, tools, chemicals, etc)			

	Hazard	Description of potential accident/injury/loss	Persons affected	Risk Rating Factor=SxL			Precautions/Controls already in place	Risk Rating Factor=SxL			Additional control measures	Action By Whom	To be completed by (Date)
				Severity	Likelihood	Factor		Severity	Likelihood	Factor			
COVID/01	Spread of Covid-19 Coronavirus	Covid 19 is a global pandemic that has resulted in the deaths in the UK. It is particularly contagious and causes serious illness and death. The UK has been in lockdown since 23rd March 2020 to reduce the spread of the disease. England has started to open up for business, but there is still a cause for concern that although infection rates and deaths are decreasing, there may be a second spike in infection rates. This requires organisations (SLM and swimming club) to be very careful in the measures to be taken when re-opening to get to Business As Usual (BAU). Swimming club has to take care that the safety of its members is its main priority when considering a return to training, and when working with SLM to facilitate this.	Members	5	5	25	Hand washing before leaving home, entering building, leaving building and return home (Hand sanitizer can also be used during sessions) Letter to all members, to advise all Covid 19 protocols and updated regularly Changing Room Protocol – To be used after session and this will be managed by the covid liaison officer to ensure safe distances are maintained before and after swimming Restricted group sizes - maximum of 6 swimmers per single lane and 10 swimmers per double lanes Limit offer to return back to training for swimmers that are not on the "at risk group" as defined by the NHS Equipment – use of own equipment, stored apart from everyone else's cleaned with anti-bac wipes before use and after Regular update of the situation Promote social distancing (1m+) Adhere to current government guidelines Rules on pool deck – when entering poolside swimmers to be 1m+ apart and use a designated area for their bags that is 1m+ apart from others. These will be managed by the covid liaison officer for each squad Rules in the pool. – one way entry to pool, starting stations for each swimmer within the lane with equipment stored by station, one way exit.	3	3	9	Complete health questionnaires for all members before returning back to training	All swimmers & coaches	
			Coaches								Arrive "pool ready"	All swimmers	
			Volunteers								Check no temperature or symptoms at home before session	All swimmers	
											Wash/shower at home prior to attending session	All swimmers	
											Use of one way system for entry/exit into the leisure centre	All swimmers	
											No use of changing rooms before session or showers after session	All swimmers	
											Coach to remind swimmers of the new way of training - social distancing and not sharing of equipment	All swimmers	
											All equipment labelled, no sharing	All swimmers	
											Appoint COVID-19 liaison for each training bubbles for pool swimming	Covid - 19 Lead	
											If swimmer becomes unwell during session sent home IMMEDIATELY to self -isolate, maintaining social distance	COVID Liaison Officer	
	If anyone becomes unwell during session COVID-19 lead to be informed immediately	COVID Liaison Officer											
COVID/02	Maintaining social distancing		Members	4	5	20	Car park rules. – Maintain 1m+ distancing from getting out of car to entering the building from anyone outside own household Regular update/reminders from coaches/club Visual signage and prompts to keep everyone >1m apart - To be provided by FA Collection of swimmers by parents/carers away from the entrance Restricted lane usage. - numbers in lane as advised by swim England (6 per lane / 10 per double lane). Stations are marked and told to the Taped/Marked areas on pool deck. – Designated areas for bags.	3	2	6	No parents/carers allowed in swimming pool/sports centre building – one parent only to drop off/collect if possible	Parents/Carers	
			Parents								Timings of and between sessions arranged to avoid clustering groups of swimmers	Coaches	
			Coaches								Use one-way systems where possible	Everyone Active	
			Volunteers								Pre-pool/post-pool activities at home to minimise activities at pool	Coaches/Swimmers	
											Adhere to agreed pool and lane load, plus allocation of space on poolside for swimmers arriving/leaving	Coaches/COVID Lead	
COVID/03	Carpark		Swimmers	5	4	20	Information to members on social distancing designated car parking signage and controls at facility. Recommendation for wearing of facial covering during travel to and from training if by public transport.	2	3	6			
			Parents										
			Volunteers										
			Coaches										
			Members										
COVID/04	Facility entrance and reception area		Swimmers	4	4	16	Social distancing upon entry at reception and followed through to changing en route to poolside, with Covid squad reps to monitor Information given to parents of protocols. – Sent out prior to start date COVID-19 liaison Officers receive their swimmers at the entrance and carry out a temperature check and escort the swimmers poolside Parents do not enter the facility	2	2	4		COVID Lead	
			Coaches									Everyone Active	
			Volunteers										
			Parents										
COVID/05	Changing rooms	Changing areas are considered a particular pinch-point for the potential for transmission of the disease, as there are narrow aisles, and changing cubicles are close together (do not provide 2m distance).	Parents				Use of lockers and changing rooms. –No use of lockers initially Swimmers to arrive pool ready and change poolside with kit bags and swim bags kept poolside in designated area for swimmer. Changing to be done in cubicles after session to towel down and change into dry clothes to exit the pool				Written details of procedure and plan of changing rooms zones, with one way system.	COVID Lead	

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				Severity	Likelihood	Factor		Severity	Likelihood	Factor				
			Swimmers	5	5	25	Athletes to arrive in swim wear ready to swim. – once clothes are removed, swimmer to go straight to poolside as directed by covid squad reps. Swimmers will have a 10 minute window prior to session to get changed and poolside for start time, whilst maintaining social distancing (again directed by covid rep). No late comers will be admitted to the session due to the processes in place. Toilet breaks will also not be permitted during this period	3	3	9		COVID Liaison		
		Volunteer - COVID Liaison	Clear briefing of changing room protocols to be provided to the COVID liaison for each squad										Coaches	
		COVID Lead												Everyone Active
COVID/06	Health Screening		Swimmers	3	2	6	Completion of screening club health checklist before the resumption of s	2	2	4	Ensure that the code of conduct for return to swimming is signed by swimmers and parents for under 18			
		Coaches	Brief parents/guardians of the need to keep children away from training if unwell (COVID 19 or any other disease). Ensure PHE guidelines are adhered to if showing symptoms of COVID 19											
		Volunteers	Completion of health declaration by all swimmers											
COVID/07	Someone becomes unwell during session		Swimmers	4	4	16	Contact parent guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility.	3	1	3	Implement self isolation protocols for the affected training bubbles			
		Coaches												
		Parents	Inform COVID Lead immediately who will start the process for managing instances of COVID											
		Pool Operator	Inform Pool Operator											
		Volunteers	Ascertain all who have been in contact with infected person. Agree self-isolation protocols or pause for attendees of that group/sessions if required.											
COVID/08	Poolside	The pool deck will need to be cleaned after each training bubble have left. This will need to be discussed and managed with the management team (Everyone Active)	Swimmers	4	2	8	Social distancing protocols to be followed at all times	2	2	4	Cleaning regime to be implemented by Everyone Active			
		Coaches	Entrance and exit to pool – one way											
		Volunteers	Stations for swimmers on poolside and in the pool No toilet breaks											
COVID/09	During activity for parents	Parents to remain in the cars during the sessions as they would not be allowed in for spectating	Swimmers	4	4	16	Appropriate training to achieve social distancing protocols.	3	1	3				
		Everyone Active	They should also follow hygiene procedures as laid out by Everyone Active											
		Parents	Pre and post pool exercise are not advised, poolside but swimmers to do them at home if possible Parents – advised to wait in cars, as they would not be allowed in. Parents to drop of swimmers in car park and ensure that swimmers follow procedures of entering building and facility as advised.											
COVID/10	Pool Training Sessions for swimmers	The pool has a pool filtration system which has a chlorine based dosing system that will kill bacteria and viruses.(Chlorine does not kill bacteria/viruses immediately, there is a requirement for contact time for the chlorine to do its job, this contact time will vary depending on the bacteria and virus, so some may only take 1min, others, 15min and so on up to days for some bacteria/virus). The Covid 19 virus is known to be susceptible to chlorine based bleaches. The potential for passing it on in the pool is low, also due to the volume of water.	Swimmers	5	3	15	Group swimmers with similar abilities (work rate) into training bubbles	2	2	4				
		Everyone Active	Lane allocation by coaches - max numbers in lanes to be decided to ensure sufficient safe distancing at the ends based on the SE guidance											
		Coaches	Limited sessions for most squads to start with during initial opening phase. Initially swimming should be of low-key stroke work, to reduce swimmers potential for breathing hard over each other End of session exiting will need to be controlled, so group 1 will leave first, group to next etc. (if using changing rooms!) No use of showers allowed at the end of session, return to changing cubicle immediately.											
COVID/11	Use of toilets	There will be a mix of persons using the Toilets, which is unavoidable. There is a high potential for cross contamination and passing on of the COVID 19 virus in this area.	Swimmers	5	5	25	Swimmers/persons must wash their hands (soap required) on entering the toilet and after using it. (To avoid cross contamination on the hard surfaces).	3	3	9				
		Coaches	COVID liaison to control access so no more than one in each toilet block at any one time. (two sets of toilets required to one parent volunteer)											
		Pool Operator												
COVID/12	Welfare of coaches and volunteers	EA staff coaches and volunteers (COVID Lead & COVID liaison) may be infected if coming into contact with persons who have the virus. Social distancing is important for all staff and volunteers, to ensure that they can work safely. There is a possibility that they could come into contact with swimmers for first aid reasons or other emergency, and therefore require PPE if they have contact with the swimmers.	EA Staff	5	5	25	List of phone numbers of parents with the coach and COVID liaison at all times to ensure they can be contacted. Parents to be available at all times (located in carpark, in cars)	2	3	6				
		Parents												
		COVID liaison	Swimmers of the standard at Clubs (Top squads as decided by coach/masters sessions), it is not be expected that they would get in difficulty in the water, unless unwell (swimmers must not come if they are unwell, for any reason!). Coaches to check with swimmers before the start of the session.											
		Coaches	EA Staff to be issued with PPE in the event they have to have contact with swimmers, in the event of emergency. Face mask, gloves, shield etc. Same for Coaches and volunteers.											
COVID/13	Hygiene measures		Swimmers	5	2	10	Covid-19 Rules communicated to all members in advance. (Washing hands before leaving home, when reaching building, hand sanitizer during sessions where needed, washing hands when leaving facility, washing hands when reaching home and Anti-bacterial wipe down of equipment before and after session)	2	1	2				
		Coaches												
		Volunteer												
COVID /14	Equipment		Swimmers	4	4	16	Communication regarding use and sharing is prohibited. Recommendation of cleaning protocols after each training session to be circulated.	2	2	4				

