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| Site: | Swimming pool facility (specify) | Assessment No. | Club/COVID |
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| Assessor | Angela Eguakhide | Description of Building or Area | Use of Sapphire Ice & Leisure and Central Park Leisure Centre |
| Date of Assessment | 25/07/2020 | | |
| Task/Activity/Process/Equipment | COVID 19 - Re-opening pools for club training (Generic) | | |
| Technical Advisor (if applicable) | | | |
| Persons Name (If Applicable to vulnerable) | | Equipment used (if applicable) | Pool deck, Lane ropes, changing cubicles. |
| When Identifying HAZARDS consider: | | | |
| a) The Task (Who, What, Where, When, How) | | | |
| b) The environment (temperature, noise, lighting, dust, fumes) | | | |
| c) Materials, Equipment, and Substances (machinery, tools, chemicals, etc) | | | |

| | Hazard | Description of potential accident/injury/loss | Persons affected | Risk Rating Factor=SxL | | | Precautions/Controls already in place | Risk Rating Factor=SxL | | | Additional control measures | Action By Whom | To be completed by (Date) |
|----------|--------------------------------------|---|------------------|------------------------|------------|--------|--|------------------------|------------|--------|---|------------------------|---------------------------|
| | | | | Severity | Likelihood | Factor | | Severity | Likelihood | Factor | | | |
| COVID/01 | Spread of Covid-19 Coronavirus | Covid 19 is a global pandemic that has resulted in the deaths in the UK. It is particularly contagious and causes serious illness and death. The UK has been in lockdown since 23rd March 2020 to reduce the spread of the disease. England has started to open up for business, but there is still a cause for concern that although infection rates and deaths are decreasing, there may be a second spike in infection rates. This requires organisations (SLM and swimming club) to be very careful in the measures to be taken when re-opening to get to Business As Usual (BAU). Swimming club has to take care that the safety of its members is its main priority when considering a return to training, and when working with SLM to facilitate this. | Members | 5 | 5 | 25 | Hand washing before leaving home, entering building, leaving building and return home (Hand sanitizer can also be used during sessions) Letter to all members, to advise all Covid 19 protocols and updated regularly Changing Room Protocol – To be used after session and this will be managed by the covid liaison officer to ensure safe distances are maintained before and after swimming Restricted group sizes - maximum of 6 swimmers per single lane and 10 swimmers per double lanes Limit offer to return back to training for swimmers that are not on the "at risk group" as defined by the NHS Equipment – use of own equipment, stored apart from everyone else's cleaned with anti-bac wipes before use and after Regular update of the situation Promote social distancing (1m+) Adhere to current government guidelines Rules on pool deck – when entering poolside swimmers to be 1m+ apart and use a designated area for their bags that is 1m+ apart from others. These will be managed by the covid liaison officer for each squad Rules in the pool. – one way entry to pool, starting stations for each swimmer within the lane with equipment stored by station, one way exit. | 3 | 3 | 9 | Complete health questionnaires for all members before returning back to training | All swimmers & coaches | |
| | | | Coaches | | | | | | | | Arrive "pool ready" | All swimmers | |
| | | | Volunteers | | | | | | | | Check no temperature or symptoms at home before session | All swimmers | |
| | | | | | | | | | | | Wash/shower at home prior to attending session | All swimmers | |
| | | | | | | | | | | | Use of one way system for entry/exit into the leisure centre | All swimmers | |
| | | | | | | | | | | | No use of changing rooms before session or showers after session | All swimmers | |
| | | | | | | | | | | | Coach to remind swimmers of the new way of training - social distancing and not sharing of equipment | All swimmers | |
| | | | | | | | | | | | All equipment labelled, no sharing | All swimmers | |
| | | | | | | | | | | | Appoint COVID-19 liaison for each training bubbles for pool swimming | Covid - 19 Lead | |
| | | | | | | | | | | | If swimmer becomes unwell during session sent home IMMEDIATELY to self -isolate, maintaining social distance | COVID Liaison Officer | |
| COVID/02 | Maintaining social distancing | | Members | 4 | 5 | 20 | Car park rules. – Maintain 1m+ distancing from getting out of car to entering the building from anyone outside own household Regular update/reminders from coaches/club Visual signage and prompts to keep everyone >1m apart - To be provided by FA Collection of swimmers by parents/carers away from the entrance Restricted lane usage. - numbers in lane as advised by swim England (6 per lane / 10 per double lane). Stations are marked and told to the Taped/marked areas on pool deck. – Designated areas for bags. | 3 | 2 | 6 | No parents/carers allowed in swimming pool/sports centre building – one parent only to drop off/collect if possible | Parents/Carers | |
| | | | Parents | | | | | | | | Timings of and between sessions arranged to avoid clustering groups of swimmers | Coaches | |
| | | | Coaches | | | | | | | | Use one-way systems where possible | Everyone Active | |
| | | | Volunteers | | | | | | | | Pre-pool/post-pool activities at home to minimise activities at pool | Coaches/Swimmers | |
| | | | | | | | | | | | Adhere to agreed pool and lane load, plus allocation of space on poolside for swimmers arriving/leaving | Coaches/COVID Lead | |
| COVID/03 | Carpark | | Swimmers | 5 | 4 | 20 | Information to members on social distancing designated car parking signage and controls at facility. Recommendation for wearing of facial covering during travel to and from training if by public transport. | 2 | 3 | 6 | | | |
| | | | Parents | | | | | | | | | | |
| | | | Volunteers | | | | | | | | | | |
| | | | Coaches | | | | | | | | | | |
| | | | Members | | | | | | | | | | |
| COVID/04 | Facility entrance and reception area | | Swimmers | 4 | 4 | 16 | Social distancing upon entry at reception and followed through to changing en route to poolside, with Covid squad reps to monitor Information given to parents of protocols. – Sent out prior to start date COVID-19 liaison Officers receive their swimmers at the entrance and carry out a temperature check and escort the swimmers poolside Parents do not enter the facility | 2 | 2 | 4 | | COVID Lead | |
| | | | Coaches | | | | | | | | | Everyone Active | |
| | | | Volunteers | | | | | | | | | | |
| | | | Parents | | | | | | | | | | |
| COVID/05 | Changing rooms | Changing areas are considered a particular pinch-point for the potential for transmission of the disease, as there are narrow aisles, and changing cubicles are close together (do not provide 2m distance). | Parents | | | | Use of lockers and changing rooms. –No use of lockers initially Swimmers to arrive pool ready and change poolside with kit bags and swim bags kept poolside in designated area for swimmer. Changing to be done in cubicles after session to towel down and change into dry clothes to exit the pool | | | | Written details of procedure and plan of changing rooms zones, with one way system. | COVID Lead | |

| | Hazard | Description of potential accident/injury/loss | Persons affected | Risk Rating Factor=SxL | | | Precautions/Controls already in place | Risk Rating Factor=SxL | | | Additional control measures | Action By Whom | To be completed by (Date) | |
|-----------|---------------------------------------|---|---|------------------------|------------|--------|---|------------------------|------------|--------|---|----------------|---------------------------|--|
| | | | | Severity | Likelihood | Factor | | Severity | Likelihood | Factor | | | | |
| | | | Swimmers | 5 | 5 | 25 | Athletes to arrive in swim wear ready to swim. – once clothes are removed, swimmer to go straight to poolside as directed by covid squad reps. Swimmers will have a 10 minute window prior to session to get changed and poolside for start time, whilst maintaining social distancing (again directed by covid rep). No late comers will be admitted to the session due to the processes in place. Toilet breaks will also not be permitted during this period | 3 | 3 | 9 | | COVID Liaison | | |
| | | Volunteer - COVID Liaison | Clear briefing of changing room protocols to be provided to the COVID liaison for each squad | | | | | | | | | | Coaches | |
| | | COVID Lead | | | | | | | | | | | Everyone Active | |
| COVID/06 | Health Screening | | Swimmers | 3 | 2 | 6 | Completion of screening club health checklist before the resumption of s | 2 | 2 | 4 | Ensure that the code of conduct for return to swimming is signed by swimmers and parents for under 18 | | | |
| | | Coaches | Brief parents/guardians of the need to keep children away from training if unwell (COVID 19 or any other disease). Ensure PHE guidelines are adhered to if showing symptoms of COVID 19 | | | | | | | | | | | |
| | | Volunteers | Completion of health declaration by all swimmers | | | | | | | | | | | |
| COVID/07 | Someone becomes unwell during session | | Swimmers | 4 | 4 | 16 | Contact parent guardian or next of kin and isolate individual in first aid room or other suitable area. Use appropriate PPE supplied by facility. | 3 | 1 | 3 | Implement self isolation protocols for the affected training bubbles | | | |
| | | Coaches | | | | | | | | | | | | |
| | | Parents | Inform COVID Lead immediately who will start the process for managing instances of COVID | | | | | | | | | | | |
| | | Pool Operator | Inform Pool Operator | | | | | | | | | | | |
| | | Volunteers | Ascertain all who have been in contact with infected person. Agree self-isolation protocols or pause for attendees of that group/sessions if required. | | | | | | | | | | | |
| COVID/08 | Poolside | The pool deck will need to be cleaned after each training bubble have left. This will need to be discussed and managed with the management team (Everyone Active) | Swimmers | 4 | 2 | 8 | Social distancing protocols to be followed at all times | 2 | 2 | 4 | Cleaning regime to be implemented by Everyone Active | | | |
| | | Coaches | Entrance and exit to pool – one way | | | | | | | | | | | |
| | | Volunteers | Stations for swimmers on poolside and in the pool No toilet breaks | | | | | | | | | | | |
| COVID/09 | During activity for parents | Parents to remain in the cars during the sessions as they would not be allowed in for spectating | Swimmers | 4 | 4 | 16 | Appropriate training to achieve social distancing protocols. | 3 | 1 | 3 | | | | |
| | | Everyone Active | They should also follow hygiene procedures as laid out by Everyone Active | | | | | | | | | | | |
| | | Parents | Pre and post pool exercise are not advised, poolside but swimmers to do them at home if possible Parents – advised to wait in cars, as they would not be allowed in. Parents to drop of swimmers in car park and ensure that swimmers follow procedures of entering building and facility as advised. | | | | | | | | | | | |
| COVID/10 | Pool Training Sessions for swimmers | The pool has a pool filtration system which has a chlorine based dosing system that will kill bacteria and viruses.(Chlorine does not kill bacteria/viruses immediately, there is a requirement for contact time for the chlorine to do its job, this contact time will vary depending on the bacteria and virus, so some may only take 1min, others, 15min and so on up to days for some bacteria/virus). The Covid 19 virus is known to be susceptible to chlorine based bleaches. The potential for passing it on in the pool is low, also due to the volume of water. | Swimmers | 5 | 3 | 15 | Group swimmers with similar abilities (work rate) into training bubbles | 2 | 2 | 4 | | | | |
| | | Everyone Active | Lane allocation by coaches - max numbers in lanes to be decided to ensure sufficient safe distancing at the ends based on the SE guidance | | | | | | | | | | | |
| | | Coaches | Limited sessions for most squads to start with during initial opening phase. Initially swimming should be of low-key stroke work, to reduce swimmers potential for breathing hard over each other End of session exiting will need to be controlled, so group 1 will leave first, group to next etc. (if using changing rooms!) No use of showers allowed at the end of session, return to changing cubicle immediately. | | | | | | | | | | | |
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| | | | | | | | | | | | | | | |
| COVID/11 | Use of toilets | There will be a mix of persons using the Toilets, which is unavoidable. There is a high potential for cross contamination and passing on of the COVID 19 virus in this area. | Swimmers | 5 | 5 | 25 | Swimmers/persons must wash their hands (soap required) on entering the toilet and after using it. (To avoid cross contamination on the hard surfaces). | 3 | 3 | 9 | | | | |
| | | Coaches | COVID liaison to control access so no more than one in each toilet block at any one time. (two sets of toilets required to one parent volunteer) | | | | | | | | | | | |
| | | Pool Operator | | | | | | | | | | | | |
| COVID/12 | Welfare of coaches and volunteers | EA staff coaches and volunteers (COVID Lead & COVID liaison) may be infected if coming into contact with persons who have the virus. Social distancing is important for all staff and volunteers, to ensure that they can work safely. There is a possibility that they could come into contact with swimmers for first aid reasons or other emergency, and therefore require PPE if they have contact with the swimmers. | EA Staff | 5 | 5 | 25 | List of phone numbers of parents with the coach and COVID liaison at all times to ensure they can be contacted. Parents to be available at all times (located in carpark, in cars) | 2 | 3 | 6 | | | | |
| | | Parents | | | | | | | | | | | | |
| | | COVID liaison | Swimmers of the standard at Clubs (Top squads as decided by coach/masters sessions), it is not be expected that they would get in difficulty in the water, unless unwell (swimmers must not come if they are unwell, for any reason!). Coaches to check with swimmers before the start of the session. | | | | | | | | | | | |
| | | Coaches | EA Staff to be issued with PPE in the event they have to have contact with swimmers, in the event of emergency. Face mask, gloves, shield etc. Same for Coaches and volunteers. | | | | | | | | | | | |
| COVID/13 | Hygiene measures | | Swimmers | 5 | 2 | 10 | Covid-19 Rules communicated to all members in advance. (Washing hands before leaving home, when reaching building, hand sanitizer during sessions where needed, washing hands when leaving facility, washing hands when reaching home and Anti-bacterial wipe down of equipment before and after session) | 2 | 1 | 2 | | | | |
| | | Coaches | | | | | | | | | | | | |
| | | Volunteer | | | | | | | | | | | | |
| COVID /14 | Equipment | | Swimmers | 4 | 4 | 16 | Communication regarding use and sharing is prohibited. Recommendation of cleaning protocols after each training session to be circulated. | 2 | 2 | 4 | | | | |

