

Month/Date	Meet	Venue	Length	Level	Squad	Coach	RTSC Closing Date	Entries To
September-19								
Sun 22nd	Swim England East Region Junior Inter County Competition	Luton	50m	L1	Selected	WS	N/A	N/A
October-19								
Sun 6th	National Inter-County Gala	Sheffield	50m	L1	Selected	N/A	N/A	N/A
Sat 5th - Sun 6th	RTSC 9th DJ Memorial Gala	BSV	25m	L3	All squads	GR	23/08/2019	Coaches
Sat 12th	Arena League R1	Woodside Leisure Centre	25m	N/A	Selected	GR	N/A	N/A
Sat 19th - Sun 20th	Essex Winters Champs	BSV	25m	L2	All Qualifiers	GR	27/09/2019	Coaches
November-19								
Sat 2nd - Sun 3rd	London Winters Championships	LAC	25m	L2	All Qualifiers	GR/WS	07/10/2019	Coaches
Sat 9th	Arena League R2	Becontree Leisure Centre	25m	N/A	Selected	GR	N/A	N/A
Sun 10th	NUEL Winter Invitational Meet	East Ham	25m	L4	B, C & D	TBC	06/10/2019	Coaches
Fri 15th	NUEL & RTSC Long Distance Freestyle Time Trial	East Ham	25m	L3	B, C & D	TBC	20/10/2019	Coaches
Sun 17th	NUEL & RTSC Long Distance Freestyle Time Trial	East Ham	25m	L3	B, C & D	TBC	20/10/2019	Coaches
Fri 29th - Sat 30th	Harlow Winter County Qualifier Meet	Harlow LeisureZone	25m	L3	All squads	GR/WS/GD	29/09/2019	Coaches
December-19								
Thurs 5th - Sun 8th	British Winter Championships	Sheffield	50m	L2	All Qualifiers	GR	17/11/2019	Self-Entry
Sat 14th	Arena League R3	Hertfordshire Sports Village	25m	N/A	Selected	GR	N/A	N/A
Sat 14th - Sun 15th	RTSC Christmas Cracker L3 LC Open Meet	LAC	50m	L3	All squads	GR	17/11/2019	Coaches
January-20								
Sat 18th - Sun 19th	Cardiff Capital Open Meet 2020	Cardiff International Pool	50m	L1	All Qualifiers	GR	23/11/2019	Coaches
Sat 25th - Sun 26th	RTSC Non County Gala	Sapphire	25m	L3	Non county qualifiers	GR	15/12/2019	Coaches
February-20								
Sat 1st	Essex Age Group Championship - Block B	LAC	50m	L1	All Qualifiers	GR	15/12/2019	Coaches
Sun 2nd	Essex Age Group Championship - Block B	BSV	50m	L1	All Qualifiers	GR	15/12/2019	Coaches
Fri 14th - Sun 16th	Essex Age Group Championship - Block C	BSV	50m	L1	All Qualifiers	GR	15/12/2019	Coaches
Fri 28th - Sat 29th	Essex Age Group Championship - Block A	BSV	50m	L1	All Qualifiers	GR	15/12/2019	Coaches
March-20								
Sun 1st	Essex Age Group Championship - Block A	BSV	50m	L1	All Qualifiers	GR	15/12/2019	Coaches
Sat 7th - Sun 8th	NUEL SC Regional Qualifying Meet	LAC	50m	L3	All squads	GR	26/01/2020	Coaches
Sat 14th - Sun 15th	London Regional Open Meet	LAC	50m	L1	All Qualifiers	GR	14/02/2020	Coaches
April-20								
Sat 4th - Sun 5th	NUEL SC L1 National Qualifying Meet 2020	LAC	50m	L1	All Qualifiers	GR	09/02/2020	Coaches
Tues 14th - Sun 19th	British Swimming Championship (Olympic Trials)	LAC	50m	L1	All Qualifiers	GR	19/03/2020	Coaches
Sat 18th - Sun 19th	RTSC Non Regional Open Meet	Sapphire	25m	L3	All squads	GR	15/03/2020	Coaches
Sat 25th - Sun 26th	London Regional Summer Champs - Age Groups	LAC	50m	L1	All Qualifiers	GR	01/04/2020	Coaches
May-20								
Sat 2nd - Sun 3rd	London Regional Summer Champs - Age Groups	LAC	50m	L1	All Qualifiers	GR	01/04/2020	Coaches
Sat 2nd - Sun 3rd	Black Lion Spring Open Meet	Medway Park	25m	L3	Non Region Qualifiers	SD	13/03/2020	Coaches
Fri 8th - Sun 10th	London Regional Summer Champs - Youths	LAC	50m	L1	All Qualifiers	GR	01/04/2020	Coaches
June-20								
Sun 7th	NUEL Summer Invitational	East Ham	25m	L4	B, C & D	GR/SD	TBC	Coaches
July-20								
Sat 11th - Sun 12th	RTSC End of Season Meet	Basildon Sporting Village	50m	L3	All squads	GR	31/05/2020	Coaches
Tues 21st - Sun 26th	British Summer Championships	Ponds Forge Sheffield	50m	L1	All Qualifiers	GR	Q Window	Self-Entry
Wed 29th - Fri 31st	Swim England Summer Meet	Ponds Forge Sheffield	50m	L1	All Qualifiers	GR	Q Window	Self-Entry
August-20								
Sat 1st - Sun 2nd	Swim England Summer Meet	Ponds Forge Sheffield	50m	L1	All Qualifiers	GR	Q Window	Self-Entry

Key:
County, Regional & National Champs
Inter County Champs
Arena League
Level 1 Gala
Level 3 or 4 Gala